



Future-proofing our children

Confirmation 1

Lesson Title	Catechism
--------------	-----------

A Parent's Guide
Sunday School Home Schooling



Dear Parent

Welcome to the “**Catechism**” Confirmation 1 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The lesson in PDF format that is already prepared • Child’s workbook and a pen, etc. • The Video Clip which is an additional/ optional resource tool • Catechism and Questions and Answers (especially for Confirmation) <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise (brief) as possible, bearing in mind the attention span (to focus on the lesson) of our children - you know your child best! <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lesson is class specific (Confirmation 1).</p> <p>2.4: Please contact your Confirmation Teacher if you need any assistance or if you need any of the above resources.</p>
3	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Confirmation Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4	Create a pleasant, disturbance free learning environment where you and the child/ren are at the same level. Example: Sit around a table.
5	Read through the lesson. Re-read the lesson so that you understand it. Watch the video-clip of the lesson to get a better understanding of the lesson.
6	Make notes for yourself on important points that you would like to remember.
7	Understand the objective of the lesson that your child must remember.
8	Present the lesson to your child.
9	Show your child the video and recap on the meaning.
10	Refer your child to the activity in the child's workbook (I Also Want To.....)
11	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Confirmation 1 family.
2. Discuss the lesson with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.



The Lesson

Lesson Title	Catechism
Text	No Bible texts for this lesson
Lesson Objective	<p>Why the Catechism of the New Apostolic Church (CNAC) was written.</p> <p>The structure of the CNAC Question and Answer (CNAC-QA) book and how it corresponds to the CNAC.</p> <p>How to use the CNAC-QA book.</p>

Lesson Summary:

What is a Catechism?

In early Christian times, adults were given instruction before and after Baptism. When these teachings were put in writing, these documents were called Catechisms. The first catechism came into being in the 8th century and it contained the Creed and the Lord's Prayer with explanations.

What is our Catechism?

- It is the doctrinal reference book on the New Apostolic Profession.
- It is important to understand that the foundation for our doctrine is the Bible. It contains the broad strokes of principal statements of the Old and New Testaments of the Bible, common basic convictions of all Christians, and the specific features of the New Apostolic faith.
- It serves to deepen personal knowledge of our faith, provide a standard for faith life, and support conversations with other denominations.
- Over the years the catechism has developed and was edited by the Apostles Council to the versions as we know it today. It took seven years for the Apostle Council under Chief Apostle Lieber (from 2005 to 2012) to complete the latest version.

This is how the CNAC is structured and these are its chapters:

- 1 The revelations of God
- 2 The Creed
- 3 The triune God
- 4 Mankind in need of redemption
- 5 God's commandments
- 6 The church of Jesus Christ



- 7 Ministry
- 8 The sacraments
- 9 Life after death
- 10 The doctrine of future things
- 11 From the history of Christianity
- 12 Divine service, acts of blessing, and pastoral care
- 13 New Apostolic Christians and their life of faith

The big 515-page Catechism contains much information and goes into great detail in each chapter.

The CNAC in Questions and Answers:

- This format is user friendly.
- By way of 750 questions with answers readers are led through the content of the Catechism.
- Topics are broken down into individual questions and contains complete Bible passages to explain the answer, so you don't need to have the Bible on hand.
- There are not many technical terms, so it is easy to remember.
- There are no long descriptions and contains pictures and illustrations.
- It is easy access to information about the New Apostolic Church and our faith.

You need to know your Christian faith in order to share it with others. When we use the Catechism as our reference, there is uniformity in our explanation, in other words, we all say the same thing.

It is an important reference for all your questions during your Confirmation years.

What does this lesson mean for us today?

- We have easy access to information about the New Apostolic Church and our faith.
- This information is available in a user-friendly format the CNAC-QA book.
- This information is available to all our ministers and members as well as the public.
- It forms the basis of all instruction in our church. You will be using it in Confirmation.



Some questions that we can ask:

1. When was the first catechism written and what did it contain?

Answer: In the 8th century and it contained Creed and the Lord's Prayer with explanations

2. How many questions and answers are there in the CNAC-QA book?

Answer: 750 questions and answers guiding the readers through the content of the Catechism

3. How do I know the answers to the questions are correct?

Answer: The foundation for the doctrine of our faith is the Bible. The core statements of the Bible's message are presented in the Catechism

4. Who developed and edited the Catechism to the latest version as we know it?

Answer: The Apostles Council under Chief Apostle Lieber from 2005 to 2012

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day,

Bless all parents and children

May we feel your presence,

Bless the lesson we will have

Please teach us how to serve you,

And help us to do your will

So that we grow closer to you,

Send Jesus to fetch us

And may we be ready to meet Him,

Amen.