



Future-proofing our children

Pre-Sunday School Class

Lesson Title

Prayer – How we should pray

A Parent's Guide Sunday School Home Schooling



Dear Parent

Welcome to the "**Prayer – How we should pray**" Pre-Sunday School lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action		
1.	Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp: https://bit.ly/3NACSSHS		
2.	 Gather the following tools to ensure that you are ready for the lesson: Bible The PDF lesson that is already prepared Child's workbook and pencils, crayons, etc. The Video Clip which is an additional optional resource tool Catechism and Question and Answer (for Confirmation classes) <i>Note:</i> 2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine. 2.2. Please keep the lesson as concise as possible, bearing in mind the attention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i> 2.3: The lessons are class-specific (Pre-SS, SS1, RI1 or Confirmation). 2.4: Please contact your SS teacher if you need any of the above resources. 		
3.	Pray (see sample as an annexure) and ask God to use you as a tool to present the lesson the way He would want us to present it.		
4.	Create a pleasant (disturbance-free) learning environment where you and the children are at the same level <i>Example:</i> Sit on the mat or around a table		



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action	
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.	
6.	Make notes for yourself on important points that you would like to remember.	
7.	Understand the objective of the lesson that your child must remember.	
8.	Present the lesson to your child by telling the story. You can even read the story if you like.	
9.	Show your child the video and recap on the meaning/purpose of the lesson.	
10.	Refer your child to the activity in the child's workbook.	
11.	Pray, or ask your child to pray and close the lesson.	

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

- 1. WApp chat the lesson with another Sunday School family.
- 2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
- 3. Feel free to conduct your own research for additional information.
- 4. Your congregations Sunday School Coordinator and Teachers are ready to assist.



The Lesson

Lesson Title

Prayer

Lesson Objective

You can tell our Heavenly Father anything.

He grants your petitions according to His will.

Summary of the Lesson

- When we pray, we speak to God.
- The Lord Jesus taught His disciples how they should pray.
- The prayer should come from our hearts, it should not be like a recitation or poem.
- We should concentrate our thoughts on the prayer, even when someone else says a prayer.
- We can go to our Heavenly Father with all our wishes and petitions but should never forget our thanks and intercessions.

How do we pray?

We want nothing to disturb us when we pray to our Heavenly Father, so we kneel, keep our eyes closed and bow our head.

Our hands are folded. We always want to pray with all our heart.

When do we pray?

We pray each morning and every night and before we have our meals. We can also pray whenever we feel we want to talk to our Heavenly Father

How do we start our prayers?

We must always **begin every prayer with praise and thanksgiving.** We thereafter tell Jesus anything that is on our heart.

When do we pray in church? We pray:

- before the service starts,
- the Lord's Prayer
- after the minister has forgiven our sins
- at the end of the service
- at the beginning and end of the Sunday School lesson.



What do we pray for?

We thank God for:	We ask God to:	
• Our meals – even if it is just a sandwich	Protect our family and friends	
Angels' protection	Heal those who are ill and make them	
• His angels' protection throughout the day	well again.	
or night,	Help all those in need	
Our parents and friends	Bless our Chief Apostle, District Apostle	
• Our health, and the food we have to eat	Send Jesus to come fetch us, and to	
• The ministers he has given us and ask Him to bless them always, and for	 Help us to be obedient and kind to others. 	
Our Sunday School Teachers and our School teachers		

What does this lesson mean for us today?

- When we pray, we are speaking to God
- You can tell our Heavenly Father anything. And he listens to everything we ask.
- We must first praise and thank our Heavenly Father before we place our petition and intercessions
- Always remember He will only give us what is good for us
- We need to pray for the Return of Jesus because we love Him and want to be Him for always





Q: How do we pray?

A: Down on our knees; fold our hands; bow our head and close our eyes

Q: Who and what do we thank God for when we pray?

A: For our parents, ministers and friends as well as our Sunday School teachers and school teachers. For our heath and the food we have to eat and protecting us and our friends

Q: What do we ask God for when we pray?

A: To protect us, our parents, family and friends.

- To make our friends who are sick healthy again
- Help us to be obedient and help those in need.
- To bless and protect our Apostles and for His Return to take us with Him.

Our Prayers

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day; Bless all parents and children May we feel your presence; Bless the lesson we will have Please teach us how to serve you; And help us to do your will So that we grow closer to you; Send Jesus to fetch us And may we be ready to meet Him Amen

A prayer after the lesson:

Dear father in heaven, I thank you that you have protected us today and that no accident happened whilst we were playing.

Let us all have a good night's sleep and tomorrow another beautiful day.

Please help me in school and that I may get on well with my friends and not fight with them.

Be with Mommy and Daddy at all times.

Bless the Chief Apostle the Apostles and all the ministers and protect them on their travels.

Please help all your children, especially the sick ones. Come soon and take us all home. In Jesus name. Amen.