



Future-proofing our children

Sunday School Class 3

Lesson Title

“I am not afraid; the Lord is with me”

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the “**I am not afraid the Lord is with me**” Sunday School 3 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.



The Lesson

Lesson Title	I am not afraid the Lord is with me
Text	Philippines 4: 6 - 7
Lesson Objective	The children learn that we are the Children of God and our Heavenly Father loves and protects us.

Lesson Summary:

Today's story about Angela a child of God. She was on a school outing for a few days away from home. She and her friends went for a walk to purchase some postcards and do some sight-seeing to see what the place looks like.

After a while they decided to walk back to the hotel where they stayed. Guess what... as they were walking, they realised that they were lost and it was getting dark! Oh DEAR!!!

Angela was brave enough to pray to God for help. It seemed as if they were walking deeper into the forest, and it was getting darker! Can you believe it?

Angela kept on praying and praying
"Dear Lord, protect us and guide us safely out of the forest".

Finally, a ray of hope! They came to a path which led them back into the village where their hotel was.

They were so relieved, and as they wanted to contact their teacher, the teacher's car stopped next to them. The teacher was worried, and came looking for them!

That evening Angela prayed very seriously and thanked God for answering her prayers and helping them!





What does this lesson mean for us today?

What does the lesson want to teach us?

- We must not fear, even if things look very bad. We must just keep praying and talking to God.
- Even if we are the only Child of God amongst our friends, God hears every prayer.
- Fear makes us feel alone. But God has promised He is always with us.
- When we are in trouble, we must always think calmly and remind ourselves that God is with us. He will send His Angels to come help us. God's Angels come to us through our Daddies, Mommies, Priests and Teachers.
- We must always remember that to feel scared is natural. But God gives us the confidence.
- Never forget to thank God after He has helped us!

Some questions that we can ask:

- Was Angela shy to pray to God when she realised they were lost?
Answer: No, she had faith that God will help them.
- Did she stop praying when she realised that they were walking further into the forest and it was getting darker?
Answer: No, she prayed even more!
- What did she do when she arrived at the hotel?
Answer: She prayed and thanked God for helping them!



A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

Bless us all.

May we feel your presence

Bless the lesson we will have

Remind us that in each situation we can pray to You.


Help us to always give thanks and Thank you for the promise that your peace will fill us.

Send Jesus to fetch us

And may we be ready to meet Him

In Jesus name we pray this

Amen

 Notes