



Ukuhlomisa izingane zethu  
ngelikusasa

SS 3

**Isihloko sesifundo: Ukubethelwa esiphambanweni – Ukvuka  
kwabafileyo**

**Umhlahlandlela womzali**

**Isikole sangeSonto    Isikole sasekhaya**



# Mzali Othandekayo

Uyamukelwa kusifundo: **Ukubethelwa esiphambanweni – Ukuvuka kawabafileyo**

Lomqulu ukunika umhlahlandlela ofanele wokuba ungasethula kanjani lesi sifundo.

**Ungasilungiselela futhi usethule kanjani lesi sifundo**

Nanka amanye amasu ngezansi wokulungiselela nokwethula lesi sifundo:

Isinyathelo	Okufanele ukwenze
1.	<p>Finyelela ku Webhusayithi ye-New Apostolic Church ngokufaka noma ngokuchofaza kusixhumanisi esilandelayo kusuka ku-WhatsApp: <a href="https://bit.ly/3NACSSH">https://bit.ly/3NACSSH</a></p>
2.	<p>Qoqa lezizinsiza zokufunda ezilandelayo ukuze uqiniseke ukuthi usihlomele lesifundo:</p> <ul style="list-style-type: none"><li>• IBhayibheli</li><li>• Isifundo ngefomethi ye-PDF esivele silungisiwe</li><li>• Incwadi yengane yokusebenzela kanye namapensele, amakhilayoni, njll.</li><li>• I-Vidiyo kiliphi okuyisisiza sokufunda esingezelekile / isisiza sokufunda ongazikhethela ngokuthanda kwakho</li><li>• Ikhathekizimu yemibuzo nezimpendulo (Ikakhulukazi kulesisifundo sesiQinisiso).</li></ul> <p><b>Qaphela:</b></p> <p>2.1: Isikhathi esifanele sokuthulwa kwalesisifundo, kungemuva kwenkonzo yangeSonto ekuseni, ngokuhambisana nesikhathi sesikole sangeSonto ukuze kugcinwe inqubo yesikhathi esijwayelekile.</p> <p>2.2: Kepha lesifundo singenziwa nangesikhathi esihambisana nenqubo yomndeni wakho.</p> <p>2.3: Uyacelwa ukuba ugcine isifundo sibe mfushane uma kunokwenzeka, khumbula izinga lokunaka kwezingane zethu (gxila esifundweni) - uyazi kangcono ingane yakho!</p> <p><i>Isikole sangeSonto ngokuvamile asidluli imizuzu engama-45.</i></p> <p>2.4: Uyacelwa uthinte uThisha wakho wesikole sangeSonto uma udinga noma yiluphi usizo noma uma udinga ezinye izinsizakufunda kulezi ezingenhla.</p> <p>2.5: Uma isifundo sesiphothuliwe nengane yakho, uyacelwa ukuba wazise Isikole sangeSonto ukuze kugcwaliswe irejista ku MIS.</p>
3.	<p>Khuleka (bheka umkhuleko osekugcineni kwalomqulu) bese ucela uNkulunkulu ukuba akusebenzise njengethulizi ukwethula isifundo ngendlela Yena afuna ukuba usethule ngayo.</p>



# Fundisa lesisifundo sesikole sangeSonto ekhaya

## Ungasilungiselela futhi usifundise kanjani lesisifundo

Siyaqhubeka nokwabelana ngezeluleko ezithile zokuthi ungasilungiselela futhi usifundise kanjani lesisifundo:

Isinyathelo	Isenzo
4	Yenza indawo ilungele ukufundisa engenaziphazamiso lapho wena nengane / nezingane nisezingeni elifanayo. <b>Isibonelelo:</b> Hlala phansi ocansini noma eduze kwetafula.
5	Funda kulesisifundo. Phinda ufunde futhi isifundo ukuze usiqondisise kahle. Bukela lesisifundo sevidiyo kiliphu ukuze uthole ukuqonda okungcono ngalesisifundo.
6	Zenzele amanothi ngamaphuzu abalulekile ongathanda ukuwakhumbula.
7	Yazi inhoso yalesisifundo ingane yakho okufanele siyikhumbule.
8	Yethula lesisifundo enganeni yakho noma uyifundele lenandaba uma uthanda.
9	Khombisa ingane yakho ividiyo bese uphinde ubuyekeze incazel yayo.
10	Khombisa ingane yakho umsebenzi okufanele iwenze encwadini yayo yokusebenzela.
11	Khuleka, noma ucele ingane yakho ukuba ikhuleke bese uphetha isifundo.

## Izinsiza zokufunda ezitholakalayo mayelana nokufundisela ekhaya.

Nazi ezinye izinsiza zokufunda zokungezelela lesisifundo sibe sezingeni leqophelo:

1. I-WhatsApp. Xoxani ngesifundo se **SS 3** nomunye umndeni osifundayo nawo.
2. Xoxisanani ngesifundo nabanye abazali ukuze uthole ukuchazeleka kahle mayelana nesifundo ngaphambi kokuba sifundiswe.
3. Khululeka ukwenza olwakho ucwaningo ukuze uthole ulwazi olungezekile.
4. Khuluma noMxhumanisi wesikole sangeSonto webandla lakho noma uThisha wesiKole abazimisele ukukusiza.



## Isifundo

Isihloko	Ukubethelwa esiphambanweni – Ukuvuka kwabafileyo
Umbhalo weBhayibheli	NgokukaMathewu 27: 33-56; 28: 1-10, Ngokukajohane 19: 23-30; 20: 1-20
Inhloso yesifundo	Izingane ziyabonga ukuthi uJesu Kristu ukunqobile ukufa. Siyajabula ukuthi ngokuvuka kwabafileyo kukaJesu, singaba nethemba, ngoba konke akugcini lapho umuntu efa.

## Isifundo esifingqiwe:

- Ngesikhathi sokuvakashelwa mayelana nokunakekelwa komphefumulo, uMama kaStephen watshela umPristi ukuthi walondoloza ucwecwana lwsinkwa ngemuva kokuthola iSidlo seNkosi esiNgcwele ukuze asibuke. UmPristi wabe esethi kuye: "Empeleni, kufanele sidle umzimba negazi likaKristu. Lapho silondoloza ucwecwana, Iona belu lolucwecwana alisakwazi ukufeza injongo yalo." UStephen avume ngekhanda.
- UmPristi ube esechaza ukuthi siyajabula ukuthi iNkosi uJesu yagubha iSidlo seNkosi esiNgcwele nabafundi baYo ngaphambi kokufa kwaYo futhi yabanikeza imiyalo ecacile yokuqhube ka nobwenza ngokufanayo nangokuzayo. Silangazelele ukugubha umkhosi weSidlo seNkosi esiNgcwele kuzo zonke izinkonzo eziNgcwele. Kumele ukuba kwakunzima kakhulu kuJesu ngalezo zinsuku ezimbalwa zokugcina lapho wayazi ukuthi kuzokwenzekani kuYe.
  - Emva kokuboshwa kukaJesu, wayesele yedwa. Abafundi besaba babaleka. Bambalwa kuhela abangane baKhe abasondela kakhuIlu ababekhona lapho ebethelwa. Unina, uMariya, nabanye abesifazane abambalwa nomfundu uJohane. Lapho uJesu ebona umama waKhe ngezansi kwesiphambano benoJohane, wathi kuye: "Uyindodana yakho." nakuJohane, "Ungunyoko." Ngokushesha ngemva kwalokho, uJesu wamemeza: "Kufeziwe!" Wabe esevala amehlo akhe washona.
- Lapho uStephen eseza ukudabuka, umPristi wachaza ukuthi lendaba akufanele isenze sidabuke. UkuIa kukaJesu kwakusho ukuhlengwa esonweni ngakho-ke lokho kwakusho injabulo kithina sonke. Ngesikhathi uJesu efa, umhlaba wazamazama ngisho nenduna yekhulu yaseRoma yathi, "Ngempela wayeyiNdodana kaNkulunkulu."
- Abafundi bakwazi lokhu futhi ezinsukwini ezintathu kamuva, babona amandla kaNkulunkulu lapho uJesu ovukile esebonakala kubo. UJesu uyaphila! Uvukile kwabafileyo. Lokhu kuyasijabulisa. UmPristi uchaza ukuthi uNkulunkulu usinike umzimba nomphefumulo. Umzimba ungaguga noma ugule futhi ufe, kepha imiphefumulo yethu iphila ingunaphakade.
- Ngosuku lovuko lokuqala, umphefumulo wethu uzonikezwa ingubo entsha, umzimba omusha. Kunzima ukukucabanga lokhu, kepha siyazi ukuthi ngokuvuka kwabafileyo kweNkosi uJesu, wasinika ithuba lokuba sibe naYe phakade. UJesu wakunqoba ukufa wanqoba isono esisihlukanisa noNkulunkulu. Ekuvukeni kwabafileyo kwaKhe uJesu wathola umzimba omusha, osushintshile futhi sibheke phambili ekuguqulweni kwethu lapho uKristu ebuya ukuzosiyisa kuYe. Lokhu kusinikeza ithemba.



## Ingabe sisho ukuthini lesisifundo kithina namhlanie na?

- ISidlo seNkosi esiNgcwele sisisiza ukuba sakhe ubuhlobo obuseduze noKristu. Sikhumbula ukufa kwaKhe futhi sithola amandla lapho sisidla.
- Impilo entsha ivame ukuvela, ngisho noma ngabe izinto zibonakala sengathi sezifile. Ukuvuka kwabafileyo kukaJesu kwaletha impilo entsha yemiphefumulo yethu. Akumele sidabuke, umhlatshelo kajesu waletha injabulo nethemba esintwini.
- UJesu wanqoba okubi. Ngenxa yokuthi uJesu wasifela, izono zethu zingaxolelwa.
- UNkulunkulu unamandla kunokufa. Siyazi ukuthi ngaYe singathola ukuphila okuphakade.
- UJesu uyaphila futhi useduze nathi, futhi sinethemba lokuphila okuphakade noJesu lapho ebuya ukuzosilanda.

### Eminye imibuzo esingayibuza:

1. Ingabe kungani sigubha umkhosi weSidlo seNkosi esiNgcwele na?  
**Impendulo:** Ukuba nobudlelwano noKristu nokuthola amandla okwenza kangcono.
2. Ingabe yini lokho uJesu akunqoba ngenkathi efa nalapho avuka kwabafileyo na?  
**Impendulo:** UJesu wanqoba ukufa nesono.
3. Ingabe yini esiyizuzile kulokhu na?  
**Impendulo:** Izono zethu zingaxolelwa futhi sathola ithuba lokuphila okuphakade noJesu ekubuyeni kwaKhe.

### UMkhuleko kaBaba noMama ngaphambi kwesifundo:

*Nkulunkulu othandekayo, ngiyakubonga ngalolusuku*

*Busisa bonke abazali nezingane*

*Sengathi singabuzwa ubukhona baKho*

*Busisa isifundo esizoba naso*

*Sicela usifundise ukukukhonza*

*Futhi usisize ukwenza intando yaKho*

*Ukuze sikhule sisondele kuWe*

*Thumela uJesu azosilanda*

*Futhi kwangathi singalungela ukuhlangana naYe*

*Amen*