



Future-proofing our children

Sunday School Class: SS2

Lesson Title

Jesus heals a paralysed man

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the “**Jesus heals a paralysed man**” Sunday School 2 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e.SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.



The Lesson

Lesson Title	Jesus heals a paralysed man
Text	Mark 2: 1-12
Lesson Objective	The children learn that the Lord Jesus can heal the soul and the body. We perceive how important it is to have good friends.

Lesson Summary:

- One day, in the city of Capernaum, there laid a man on a few mats, unable to walk as he was paralysed. The people called him the lame man. This man was very unhappy as he felt that it was unfair that God had given him legs, of which he could not use to walk and felt that God did not love him.
- Four young men came down the street, which were friends of the lame man. One of the men said to the lame man, "Jesus returned to Capernaum by ship today. He is speaking to the people in a house at the far end of the village. He has already healed so many people. Don't you want to go to him too? The four of us will carry you to Jesus. We are your friends and Jesus will help you. You will see. He will heal you".
- His friends lifted him up and carried him off to see Jesus.
- They do not have to search for the house in which Jesus is speaking. People are even standing outside on the street, in front of the house, looking over each other's shoulders to try and catch a glimpse of Jesus or hear a little of what he is saying. They are not prepared to make room for the lame man and his friends. What should the four young men do now? Determinedly they haul their lame friend onto the flat roof of the house.
- With some tools they make a hole in the roof. They lower the lame man on his mats through the hole they had made, until he is lying on the floor at Jesus' feet.
- Surprised, Jesus looks up to the four pairs of hopeful eyes peering down at him through the opening in the roof. He immediately sees the faith these men have placed in him and their trust makes him happy.
- The Lord Jesus also perceives how sick the soul of the lame man has become. He therefore heals the soul of the lame man first. He says to him "Rejoice! God is with you. He loves you. Your sins are forgiven!"
- Jesus then says to the lame man, "Get up, pick up your mat, and go home."



The Miracle:

- Then a miracle happens: The man gets up, picks up his mat and walks a few steps in the narrow confines of the room.
- His friends shout with joy out loud! The people are amazed. They say to one another: “We have never seen anything like it.”
- The Lord Jesus showed them that he is no imposter, but the Saviour and Redeemer. He also has the power to forgive sins.

What does this lesson mean for us today?

- So, what have we learned today?
- We must turn to Jesus if things go wrong in our lives and we are unhappy.
- We must be like the 4 friends who went out of their way to help the lame man and help our friends.
- Jesus will 1st heal our soul before he heals our body. This means he will 1st take care of our spiritual needs before our earthly needs. So, it does not mean that Jesus does not hear our prayers if we do not get what we prayed for.
- And if we did not get anything, then it means that it is not the right time or Jesus is working on something better for us.
- We must have faith in Jesus.

Some questions that we can ask:

- Do you understand how this lame man feels?
Answer: This man does not only have a sick body but, because he is bitter and without hope, his soul has become sick too.
- What do you think is easier: to be healed or to be forgiven?
Answer: One can see whether a sick person has been healed, but whether his sins have been forgiven one cannot see. The Lord Jesus healed in the name of God and forgave sins in God’s name. He saw to it that both the body and the soul were healed. He forgives us our sins too and he can heal.
- How will this story continue?
Answer: The lame man is now healed. He is joyful, and his hope and faith has been renewed. He will continue to spread the word of Jesus and bring those who have lost their hope and faith, closer to Jesus.



A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

Bless all parents and children

May we feel your presence

Bless the lesson we will have

Please teach us how to serve you


And help us to do your will

So that we grow closer to you

Send Jesus to fetch us

And may we be ready to meet Him

Amen

 Notes