



Future-proofing our children

Sunday School Class 2

Lesson Title

Jesus teaches us to pray

A Parent's Guide
Sunday School Home Schooling



Dear Parent

Welcome to the “**Jesus teaches us to pray**” Sunday School 2 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School 2 family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.



The Lesson

Lesson Title	Jesus teaches us to pray
Text	No Bible reading
Lesson Objective	The children learn that Jesus has taught us how to pray. Prayer is important to us. The children learn that they can tell the Lord everything.

Lesson Summary:

- In our previous three lessons we learned that Jesus taught us how to pray the Lord's Prayer and that we should pray persistently. Today, we will learn how easy it is to pray to God by ourselves and in our own words.
- One evening, Anne was in her bedroom getting ready for bed, when her Mom walked in. They talked about Anne's wonderful day, how she played outside with her friends in the beautiful weather and how she almost had a bicycle accident. A boy suddenly ran in front of her, but she could stop in time.
- Anne's Mom asked her to say a prayer, as she should not take for granted that we can go to bed healthy and well in the evening. But, Anne, did not really know what to say or how to say it. Her Mom then explained that praying is not difficult at all, and that you speak to the Lord in the exact same way you do to your mother or father.
- When you start your prayer, you thank the Lord for everything that you are grateful for. After thanking the Lord, you can tell the Lord all your requests and wishes. We should not only think of ourselves while praying; we should also think of other people too, for instance our ministers, friends, family and the sick.
- It is also very important not to forget to ask our Heavenly Father to shorten the time and fetch us home to Him soon at the end of each prayer.
- The Lord's Prayer, which we also pray, is a very important prayer. Jesus said that we must pray wholeheartedly and to firmly believe that God will hear us and help us and that we must always pray earnestly and not rush through it.
- We should pray in a quiet and undisturbed place, on our knees with our hands folded and our eyes closed. We can pray at any time of the day and as many times as we like, our Heavenly Father always hears all our prayers. After hearing all this Anne eagerly said her own prayer.



What does this lesson mean for us today?

- God hears our prayers when we pray wholeheartedly and earnestly.
- Praying is important in our daily lives, as this keeps us connected to our Heavenly Father. It is easy to talk to God.
- We should pray in a quiet place, with our hands folded and our eyes closed.
- We open our prayer by giving thanks, then we can bring our requests forward to the Lord not only for ourselves, but also for others.
- We end our prayers with “Lord shorten the time and send Your Son to take us home in grace, in Jesus’ name, Amen.”

Remember, praying everyday is very important. We can pray at any time and we can tell God everything. Always pray earnestly, persistently and with belief. Trust God, He hears all our prayers.

Some questions that we can ask:

1. **What can we thank God for in our prayers?** Let your child answer
Answer: for protection, parents, family, friends, good health, the poor, the sick, etc.)
2. **When can we pray?** Let your child answer
Answer: We can pray at any time (when we wake, before bed, before we eat etc.)

A Prayer to pray before the lesson:

*Dear God, thank you for this day
May we feel your presence
Bless the lesson we will have
May we sow good seed by the goodness of
our lives and
May we only allow good to grow in our
Hearts.
Send Jesus to fetch us
And may we be ready to meet Him
In Jesus name we pray this
Amen*

A Prayer to pray after the lesson:

*Dear heavenly Father, thank you that
you have protected us today and that no
accident happened while we were
playing. Let us all have a good night’s
sleep and another beautiful day
tomorrow. Please help me in school and
that I may get on well with my friends and
not fight with them. Be with Mommy and
Daddy at all times. Bless the Chief
Apostle, the Apostles and all the
ministers and protect them on their
travels. Please help all your children
especially the sick ones. Come soon and
take us all home. In Jesus’ name. Amen.*