



Future-proofing our children

Sunday School Class 2

Lesson Title

The Our Father (2)

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to “**The Our Father (2)**” Sunday School 2 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School 2 family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.



The Lesson

Lesson Title	The Our Father (2)
Text	Matthew 6: 9-13
Lesson Objective	The children are shown the significance of the Lord's Prayer so that they can pray it earnestly.

Lesson Summary:

- Remember, Jesus spoke to the people of Galilee urging them to live a life pleasing to God and taught them a very important prayer: The Our Father.
- Let your child say the Lord's Prayer by heart.
- Today, we will the meaning of the rest of The Our Father.
- 'Give us this day our daily bread': We must eat and drink. Here, we ask God to provided us with bread, food for the body, to give us important nutrients to live and we ask God to provide us with spiritual bread, food for our soul, which is the word of God.
- 'And forgive us our debts, as we forgive our debtors': Our sins can only be forgiven if we are also prepared to forgive those whom have hurt us. But, it is very important that the matter is truly forgiven. If we have not truly forgiven, our sins not be forgiven, even if we take part in the Holy Communion.
- 'And lead us not into temptation, but deliver us from the evil one': Everyone has short comings, bad habits or bad thoughts. We may be unfriendly, lazy, dishonest, or may hurt or harm others. In The Our Father we ask the Lord to free us from such evils. We ask God to give us the strength to overcome bad habits and to resist temptation. God has the power to help us make the right choices.
- 'For Yours is the kingdom and the power and the glory forever.': God is our spiritual light. His kingdom will be glorious and peaceful. We wait for this joyfully. This kingdom is our future. God gives us strength to reach our goal and gain eternal life. We praise and glorify God and acknowledge Him to be the Almighty. We place our trust and hope in Him.
- Finally, the word 'Amen' means: So be it, so shall it be.



What does this lesson mean for us today?

- The Lord's Prayer, The Our Father, should be prayed earnestly. It is an expression of heartfelt fellowship.
- Honour is brought to the Most High in the praise of God.
- It is the only prayer that the congregation prays together in the divine service in accordance with fixed wording. It is prayed in connection with the forgiveness of sins and the celebration of Holy Communion.
- The word 'Amen' means 'So be it!' and once more reinforces every plea and statement that has been brought to God in prayer.

Some questions that we can ask:

1. Recite the Lord's Prayer by heart?

Answer: Let the child recite the prayer.

2. Explain the meaning of 'Give us this day our daily bread'?

Answer: We call on the Lord to give us bread for our body and spiritual food, being, His word.

3. Why should we forgive those who did wrong to us (our debtors)?

Answer: So that we too can be forgiven by God.

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

May we feel your presence

Bless the lesson we will have

May we sow good seed by the goodness of our lives and

May we only allow good to grow in our Hearts.

Send Jesus to fetch us

And may we be ready to meet Him

In Jesus name we pray this

Amen