



Future-proofing our children

Sunday School Class 2

Lesson Title	The dish of lentils - Isaac's blessing
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A Parent's Guide
Sunday School Home Schooling



Dear Parent

Welcome to “**The dish of lentils - Isaac’s blessing**” Sunday School 2 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2. Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School 2 family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct your own research for additional information.



The Lesson

Lesson Title	The dish of lentils - Isaac's blessing
Text	Genesis 25: 21-34 and Genesis 27: 1-40
Lesson Objective	The children learn the value of God's blessing.

Lesson Summary:

- Isaac and his wife Rebekah were overjoyed when God blessed them with the birth of their twin sons, Esau and Jacob.
- The boys were quite different in looks and personality, and as they grew older, their interests differed even more. Esau, the eldest son, was hairy and strong, and he also loved nature and hunting. Jacob, however loved to stay at home and take care of the animals and tents.
- Isaac was very proud of Esau and he was believed to be the head of the family one day and Jacob was Rebekah's favourite son.
- One day, Esau returned from his hunting trip extremely hungry and tired, where he was welcomed by the delicious smell of lentil soup that Jacob had prepared for supper. He then asked Jacob if he could have a dish of soup, where Jacob replied: "Sell me this day your birthright." Esau did not take this request seriously and agreed.
- Many years later, Isaac became blind and could no longer take care of his family. He called for Esau, as it was time for him to receive his firstborn blessing and family inheritance - Rebekah overheard this.
- While Esau was out hunting, she told Jacob to prepare Isaac's favourite meal and take it to him so that Isaac could bless him. Rebekah made Jacob put on some of Esau's clothes and wrapped his hands, arms and neck with goat skin, to disguise him as Esau.
- Jacob, then took the bowl of food to Isaac, where Isaac then, unknowingly blessed him, instead of Esau.
- Later, when Esau returned, Isaac realised his mistake and both Isaac and Esau were greatly shocked that they were tricked in this way.
- Esau then asked his father to bless him too, where Isaac replied: "I have blessed Jacob, your brother."
- Esau was very upset with Jacob for tricking him again.



What does this lesson mean for us today?

- We are children of God, and He will bless us if we ask Him to. God has no favourites.
- A blessing is an act of God's loving care which no one can earn.
- These blessings are made accessible to all believers through prayer and our bearers of blessing, no matter their circumstances. We must have faith in God for our blessings to grow.

Always remember, God's blessings are valuable and available to all His children if we ask and have faith.

Some questions that we can ask:

1. What do you think of Esau's actions when he gave up his birthright?
Answer: He only saw the momentary gain, to eat, and did not think about the loss of his inheritance.
2. What food did Esau get in exchange for his birthright?
Answer: a dish of lentil soup
3. What did Esau and Jacob receive from Isaac, their father?
Answer: Jacob received the firstborn's blessing and Esau received nothing
4. What blessing have you received from God?
Answer: Let the child answer

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

May we feel your presence

Bless the lesson we will have

May we sow good seed by the goodness of our lives and

May we only allow good to grow in our Hearts.

Send Jesus to fetch us

And may we be ready to meet Him

In Jesus name we pray this

Amen