



## Future-proofing our children

Sunday School 1

Lesson Title: How we should pray

**A Parent's Guide**  
Sunday School Home Schooling



Dear Parent

Welcome to the Sunday School 1 lesson entitled **How we should pray**.

This document provides you with a minimum guide on how to present the lesson.

### How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p><a href="https://bit.ly/3NACSSHS">https://bit.ly/3NACSSHS</a></p>
2	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> <li>• Bible</li> <li>• The lesson in PDF format that is already prepared</li> <li>• Child's workbook and pencils, crayons, etc.</li> <li>• The Video Clip which is an additional/ optional resource tool</li> </ul> <p><b>Note:</b></p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise (brief) as possible, bearing in mind the attention span (to focus on the lesson) of our children - you know your child best! <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lesson is class specific (Sunday School 1).</p> <p>2.4: Please contact your SS 1 Teacher if you need any assistance or if you need any of the above resources.</p>
3	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



## Present a SS 1 Lesson at Home

### How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4	Create a pleasant, disturbance free learning environment where you and the child/ren are at the same level. <b>Example:</b> Sit on a mat or around a table.
5	Read through the lesson. Re-read the lesson so that you understand it. Watch the video-clip of the lesson to get a better understanding of the lesson.
6	Make notes for yourself on important points that you would like to remember.
7	Understand the objective of the lesson that your child must remember.
8	Present the lesson to your child.
9	Show your child the video and recap on the meaning.
10	Refer your child to the activity in the child's workbook (Come Lord Jesus, volume 1)
11	Pray, or ask your child to pray and close the lesson.

### Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another SS 1 family.
2. Discuss the lesson with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.
4. Contact your congregation Sunday School Coordinator and Teacher for additional information.



## The Lesson

<b>Lesson Title</b>	How we should prayer
<b>Text</b>	Matthew 6: 5-8
<b>Lesson Objective</b>	The objective of this lesson is that the children are taught that fervent, sincere prayers reach our Heavenly Father. It is very important to pray from the heart

### Lesson Summary:

- Ben was a young boy who lived in the same town as Jesus. He stayed in a house full of people with his family.
- One day his mom took him to town to do shopping and he noticed men with long beards and costly robes standing on street corners praying repeatedly. These were the Pharisees.
- Jesus was also in town that day and saw this and was not very happy that people stood on street corners to pray.
- Jesus invited everyone in town to follow him to the mountain so that he could preach to them.
- There he explained and taught the people how to: 1) pray with an honest heart, 2) go to a quiet place and speak to God without anyone bothering them.

### What does this lesson mean for us today?

- ü The Lord Jesus taught the disciples to pray. We too want to learn to pray with an honest heart that connects with God, which are not just recitations or done to be seen by others.



### Some questions that we can ask:

1. **Question: Where did Ben and his mom go to?**

*Answer: Town to do shopping*

2. **Question: Who did Ben see praying on the street corners?**

*Answer: Pharisees*

3. **Question: Was Jesus happy with the Pharisees?**

*Answer: No*

4. **Question: What did Jesus teach everyone on the mountain?**

*Answer: To pray with an honest heart*

### Additional Notes Dear Parents

1. The activity to be done in the child's workbook is on page 22. It is part of lesson 1.5.1. This can be done after the lesson is presented to them or if you choose, you can do it as an activity where you and your child do it together.

### A Prayer for Daddy and Mommy to pray before the lesson:

*A Prayer for Daddy and Mommy to pray before the lesson:*

*Dear God, thank you for this day*

*Bless all parents and children*

*May we feel your presence*

*Bless the lesson we will have*

*Please teach us how to serve you*

*And help us to do your will*

*So that we grow closer to you*

*Send Jesus to fetch us*

*And may we be ready to meet Him*

*In Jesus name*

*Amen*