



Future-proofing our children

Sunday School Class 1

Lesson Title

Seeds and plants

A Parent's Guide

Sunday School Home Schooling



Dear Parent

Welcome to the “**Seeds and plants**” Sunday School 1 lesson.

This document provides you with a minimum guide on how to present the lesson.

How to prepare and present the lesson

Below are some tips on how to go about preparing and presenting the lesson:

Step	Action
1.	<p>Access the New Apostolic Church Website by keying-in or clicking on the following link from WhatsApp:</p> <p>https://bit.ly/3NACSSHS</p>
2.	<p>Gather the following tools to ensure that you are ready for the lesson:</p> <ul style="list-style-type: none"> • Bible • The PDF lesson that is already prepared • Child’s workbook and pencils, crayons, etc. • The Video Clip which is an additional optional resource tool <p>Note:</p> <p>2.1: An ideal time preferably to present the lesson is after the Sunday morning service in line with the normal Sunday School time to maintain the routine.</p> <p>2.2: Please keep the lesson as concise as possible, bearing in mind the retention span (to focus on the lesson) of our children – you know your child best. <i>Sunday School normally does not exceed 45 minutes.</i></p> <p>2.3: The lessons are class specific (i.e. SS, RI or Confirmation).</p> <p>2.4: Please contact your SS teacher if you need any of the above resources.</p>
3.	<p>Pray (see the prayer at the end of this document) and ask God to use you as a tool to present the lesson the way He would want us to present it.</p>



Present a Sunday School Lesson at Home

How to prepare and present the lesson

We continue to share some tips on how to go about preparing and presenting the lesson:

Step	Action
4.	Create a pleasant (disturbance free) learning environment where you and the children are at the same level Example: Sit on the mat or at a table
5.	Read through the lesson. Re-read the lesson so that you understand it. Watch the video clip of the lesson to get a better understanding of the lesson.
6.	Make notes for yourself on important points that you would like to remember.
7.	Understand the objective of the lesson that your child must remember.
8.	Present the lesson to your child by telling the story. You can even read the story if you like.
9.	Show your child the video and recap on the meaning/purpose of the lesson.
10.	Refer your child to the activity in the child's workbook.
11.	Pray, or ask your child to pray and close the lesson.

Available tools in terms of Home Schooling

Herewith some tools to enhance the quality of the lesson:

1. WhatsApp chat the lesson with another Sunday School 1 family.
2. Discuss with other parents to obtain clarity regarding the lesson before it is presented.
3. Feel free to conduct (do) your own research for additional (extra) information.
4. Contact your congregation Sunday School Coordinator and Teacher for additional information.



The Lesson

Lesson Title	Seeds and plants
Text	Genesis 1: 11-13, 20-25
Lesson Objective	The children learn to have a respectful attitude towards God the creator of all life. They understand that God has prepared living space and nourishment for each living creature. He has also seen to it that they will be protected and multiply.

Lesson Summary:

- Do you remember with our last lesson we learned that we can use God's creation to make our own garden?
- Well, today we're going to talk about plants where they come from and what they are used for.
- Most plants are grown from a seed.
- There are many different plants and each plant has its own unique seed.
- Some seeds are very small, but they can grow into big trees.
- When you want to have a beautiful garden, you will need some seeds to plant.
- Every plant needs certain conditions to grow like climate, and a certain type of soil.
- Before you plant your seeds, you need to make sure that the soil is properly prepared and that you know how far apart and how deep your seeds must be planted.
- Your seeds will need lots of water to grow into strong plants.
- You will have to be very patient while you wait for your seeds to germinate (grow).
- After a few days you will notice little green shoots appear above the ground.
- If you look closely at your garden, you will notice all kinds of insects like caterpillars. Caterpillars like to eat the leaves of your plants.
- You should not kill them because it can't help that it ate the leaves of your plants.



- The Lord made it so that it can only live off the leaves of certain plants.
- If you are patient, you will soon have a garden with beautiful flowers and happy insects all created by God.

What does this lesson mean for us today?

- God has laid the mystery of life into a seed so that from the seed a new plant will develop.
- With seeds God made sure that different plant species will be preserved.
- People sow and look after plants, but God's blessing allows them to flourish.
- Seeds like wheat, beans and maize are food for animals and humans.
- Many plants were specially created as food for animals and humans.
- Even the smallest scariest insect was created by God for a specific purpose.
- We should respect God's creation by looking after the plants in our garden and also by not killing the insects.
- If we as humans look after the plants, we will always have food to eat.

Some questions that we can ask

1. **Can you name some animals that eat plants?**
Answer: various – guide your child
2. **What does a seed need to grow?**
Answer: good soil, water, sunlight
3. **Why do we need plants?**
Answer: food, shade, flowers in the church - listen to your child's answers

A Prayer for Daddy and Mommy to pray before the lesson:

Dear God, thank you for this day

Bless all parents and children, may we feel your presence

Bless the lesson we will have,

Please teach us how to serve you and help us to do your will,

So that we grow closer to you

Send Jesus to fetch us

And may we be ready to meet Him – Amen